

TCM Congress

3rd Scandinavian TCM Congress

„Chinese Medicine and the Fertile Spirit: Childhood, Nourishment and Long Life“



Alex Tiberi, Lic. Ac.

For the past twenty-three years, Alex Tiberi has practiced oriental medicine in both its most traditional and most modern forms. Having served an apprenticeship with a sixth generation Korean master of Oriental medicine, Alex is proficient in the ancient five element and constitutional forms of acupuncture. His training in modern western science has allowed him to integrate traditional oriental medical concepts with modern biomedical theory.

Being a long term practitioner of the martial arts and a participant in many diverse athletic pursuits has stimulated Alex's research in the treatment of orthopedic disorders and sports medicine. He is particularly proficient in using modern orthopedic assessment methods to guide Chinese medical treatments. He incorporates a wide range of physiotherapy techniques in his treatments and is an accomplished practitioner of several different style of tui-na. As father of two children, Alex has developed a clinical speciality in pediatrics. He combines the Japanese method of shoni-shin, Chinese pediatric tui-na, acupuncture and herbology, and cutaneous electrostim to provide a comprehensive treatment method for children.

Alex is a graduate of the Institute for Acupuncture Studies in Cambridge, Massachusetts. He has also studied at the Shang Hai College of TCM in the People's Republic of China and has participated in a variety of specialized training programs including electro-acupuncture, laser acupuncture, qi gong, etc. He is currently Vice-president and Dean of the Dept. of Oriental Medicine at the Pacific College of Oriental Medicine, San Diego, CA. His private clinical practice is located at the Pacific Center of Health in San Diego.