

## TCM LECTURES

**1st Scandinavian TCM Congress:  
Sexuality and Health: Gynecology, Andrology and the TCM Philosophy**



### Dr. Hamid Montakab

- Graduation from the Medical School of Paris-France 1975.
- Residency in Surgery in Poitiers- France 1975-76:
- Completion of a three-year education in Acupuncture at the AFA school Paris-France in 1976.
- Four months intensive training at the Men Wa and ISA schools & clinic in Hong Kong; as well as education in Chinese Herbal medicine.
- 4 months exploring the local Healing & healers in the Philippines.
- Combined practice of TCM, allopathic and Ayurvedic medicines in India.
- Several short teaching tours & lectures on TCM & Chinese acupressure massage between 1979 & 1980.
- Between 80-85 practice of Chinese Medicine in America: Certification of the Oregon Acupuncture Board and the National Acupuncture Board (NCCA).
- Further training in Chinese Herbal medicine in the US & Europe; Diploma of Chinese Herbalism.
- Basic training in Osteopathy and Visceral Osteopathy in Paris & Perpignan-France.
- Since 1985 practice of Acupuncture & TCM in Switzerland.
- Since 1985 regular lecturing in Switzerland, France and Germany.
- Founding of the Academy of Chinese Healing Arts in Switzerland in 1986.
- Several lectures and conferences in International Acupuncture Forums: Paris, Aix-en-Provence, Rothenburg.
  
- Dr. Montakab was commissioned by the Swiss National Fond to conduct a scientific research study on Acupuncture and Insomnia. He has also done a smaller study on Acupuncture in Atopic Dermatitis at the Geneva University Hospital.
  
- In 1995 he was the co-founder and president of the Swiss Professional Organization for TCM (SPO-TCM), until 2000.
  
- Since 1993, he devotes his time between his private practice in Wallis and teaching at the Academy of Chinese Healing Arts in Winterthur (Zürich).

#### Publications:

- Treatment of Acute ankle sprains with Acupuncture: 1977
- Compilation of “The Diagnostic chart in TCM”: 1978
- Pulse Diagnosis in Chinese Medicine: 1980
- Acupuncture & Insomnia 1990
- Acupuncture Channels & Points “A Classical Approach” (in progress)