

## TCM LECTURES

1st Scandinavian TCM Congress:  
Sexuality and Health: Gynecology, Andrology and the TCM Philosophy

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### Jeremy Ross

Jeremy Ross has qualifications in botanical sciences, science teaching, acupuncture, Western phytotherapy, and Chinese herbal medicine. He took his course in Western herbal medicine in California with Michael Tierra, ending in 1974. Returning to England, he completed the course of the National Institute of Medical Herbalists, becoming a member in 1982. This training combined the Physiomedical and empirical approaches to herbalism with an understanding of plant pharmacology, linking Jeremy's herbal studies to his original training in botanical sciences. In 1988, he graduated from the 2-years course in Chinese herbal medicine given by Ted Kaptchuk and completed further herbal training at the International College of Nanjing, China.

Jeremy has organized and taught courses in acupuncture and herbal medicine for over 20 years, and has shared his long and varied experience as a clinician in his books and practical trainings. For 15 years, Jeremy has specialized in integrating Western herbs and Chinese medicine. He has developed a system of herb combination that brings together concepts from Western herbal tradition, Chinese medicine and phytopharmacology. His book, "Combining Western Herbs and Chinese Medicine", brings together the different themes of Jeremy's training and experience throughout his working life.