

## **TCM Congress**

### **3rd Scandinavian TCM Congress**

**„Chinese Medicine and the Fertile Spirit: Childhood, Nourishment and Long Life “**



### **Lillian Pearl Bridges**

Lillian Bridges is an internationally recognized and acclaimed speaker, teacher and author. Lillian’s warmth, humor and insight captivate, her audiences have made her one of the top lecturers at symposiums and conferences around the world. As Professor of Oriental Medicine, she is known for bringing back the study of facial diagnosis to the field.

Founder of the Lotus Institute, she trains students and consults with major corporations. Originally learning facial diagnosis, feng shui, and five element theory apprenticing with her Chinese mother’s family, Lillian has spent over 20 years researching information from ancient texts and correlating them to Western studies in psychology and medicine, ergonomics and design.

She has been featured on numerous television and radio shows and in magazines. Her book, “Face Reading in Chinese Medicine” has just been published by Churchill Livingstone.