

# TCM Congress

## 3rd Scandinavian TCM Congress

### „Chinese Medicine and the Fertile Spirit: Childhood, Nourishment and Long Life “



## Soeren Ballegaard

Soeren Ballegaard is graduated as a medical doctor at University of Copenhagen, Denmark. He was head of the acupuncture research project at the National Hospital, Denmark and has his own clinic for Medical Acupuncture. Soeren Ballegaard is a member of the New York Academy of Science. His major research interests are inspired by classical Oriental health care modalities, the focus has been thoroughly scientific research and product development within primary and secondary prevention of disease by natural means. The main areas of the research conducted at his center are :

- a) Development of objective assessment tools for the measurement and stress, general health and performance ability
- b) To integrate these tools individualized bio feedback guided anti stress management programs.
- c) To test these programs in scientific and clinical conditions - for use in a broad range of conditions:
  - a. Primary and secondary prevention in cardiovascular disease
  - b. Secondary prevention in breast cancer
  - c. Primary and secondary prevention of persistent stress in healthy people.
  - d. Performance enhancement in top performers within performance arts and sports

Soeren Ballegaard lives with his family in Denmark.