

## TCM Congress

### 3rd Scandinavian TCM Congress

„Chinese Medicine and the Fertile Spirit: Childhood, Nourishment and Long Life“



### Stephen Birch LicAc (US), MBAcC (UK), PhD

Stephen Birch began studying acupuncture in 1980 and has been practicing acupuncture since 1982. His first teachers were Tin Yau So, Ted Kaptchuk and Kiiko Matsumoto. He started studying with Yoshio Manaka in 1985 and meridian therapy instructors in 1988 (including Denmei Shudo, Kodo Fukushima), focussing especially on the Toyohari system of Meridian Therapy.

He has co-authored 7 books on acupuncture (including 'Japanese Acupuncture') and authored numerous papers. He has a PhD in acupuncture research and has worked on various studies in the US and elsewhere. Stephen has practiced in Holland with his wife Junko Ida since 1997 and before that in the US.

He teaches Japanese acupuncture in various workshops and programs around Europe as well as Australasia. He is the senior instructor in Europe for Manaka's system 'yin-yang channel balancing therapy', as well as being the co-author of Manaka's book 'Chasing the Dragon's Tail'. He is one of the approved European Toyohari instructors and helps run Toyohari programs in Holland since 1999.