

TCM Congress - Workshops

3rd Scandinavian TCM Congress

„Chinese Medicine and the Fertile Spirit: Childhood, Nourishment and Long Life“



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Immunology for Children in Traditional Chinese Medicine

The treatment of immune disorders, allergies, and recurrent infections in children with Chinese Medicine

This seminar will cover the specific aspects of children's patho-physiology that make them vulnerable to pathogens and then allow those pathogens to become lingering or latent "evils" that create long-term disruptions in health. Specific conditions to be addressed will include recurrent ear infections; sinusitis, rhinitis, and respiratory allergies; asthma; conjunctivitis; skin disorders such as chickenpox and shingles, cold sores, impetigo, fifth disease, parvo, eczema and allergic dermatitis; autoimmune disorders; digestive disorders such as colitis, diarrhea, and vomiting.

The impact of vaccinations and antibiotics will be discussed including treatments for reducing side effects. The phenomena of pathogens lingering in the body and causing disorders not normally thought of as immunologically based will be covered including weak constitution, failure to thrive, and behavioral disorders such as hyperactivity. Treatment methods covered will include pediatric acupuncture, Chinese herbs, tui-na, shoni-shin, and adjustments in parenting and lifestyle.

Course Outline:

- Developmental stages in Children
- Patho-physiology of Children
- Pathogen penetration
 - Acute
 - Lingering
 - Shao Yang
 - Latent
- Treatment methods
 - Acupuncture
 - Herbs
 - Xiao Chai Hu Tang as main formula
 - Formulas for immune enhancement
 - Herbs for specific infections
 - Pediatric Tui-na
 - Shoni-shin
- Discussion of specific disorders