

# **TCM Congress - Workshops**

## **3rd Scandinavian TCM Congress**

**„Chinese Medicine and the Fertile Spirit: Childhood, Nourishment and Long Life“**



## **Barbara Kirschbaum**

### **Tongue diagnosis**

The basic principles of tongue diagnosis will be discussed on this workshop. Tongue colour and shape will be of great importance during this session as both help to determine the patient's constitution and disease pattern acc. to the eight principles. This will be followed by a discussion of common clinical tongue signs in relation to the 5 Zang and the Stomach. Moreover we will cover the nature and color of tongue coatings and we will especially focus on heat signs, important in the diagnosis for acute illnesses.